



Baby Talk: Resources to Support the People Who Work with Infants and Toddlers

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Need to Share Information on Early Childhood Development in More Than One Language?

The US Department of Education-funded [Center for Parent Information and Resources](#) has a [resource library](#) with information that families and professionals can use, including webinars, articles, stand-alone pages, and publications. A search feature allows you to look for resources in specific languages. **The center also has an extensive section of resources in Spanish.** Go to <https://www.parentcenterhub.org/resourcelibrary/> to visit the library. Sign up for the Center's bimonthly electronic newsletter about news and new resources at <https://www.parentcenterhub.org/buzz-from-the-hub/>

Toddler Brains Are Wired to Resist Learning From Screens

The brains of toddlers resist learning from screens, even video chats, according to research recently published in *Frontiers of Psychology*. Having a responsive adult communication partner present can help. Previous research has shown that unlike older children, infants, and toddlers need responsive, face-to-face encounters with real, live humans in order to learn new information. Read about how this new study took the research one step further at <https://www.frontiersin.org/articles/10.3389/fpsyg.2018.02195/full>

Making Your Own Local Baby Food

Community Groundworks, a Wisconsin group that connects people to nature and local foods, has used a grant from Kellogg to developing a guide on how to make local baby food from fresh, in-season fruits and vegetables. The guide includes a rationale, information, recipes, and tips. While some of the information is WI-specific, much of it is universal. Learn more at <https://wischoolgardens.org/wp-content/uploads/2019/09/Making-Your-Own-Local-Baby-Food.pdf>

A Terrific Website on Child Development During the First Five Years

The Raising Children website is a treasure. Devoted to providing evidence-based information about how children grow physically and emotionally and learn to communicate, think, and socialize, this site is also easy to navigate. The orange banner at the top offers nine chronological categories into which resources are sorted, from pregnancy and newborns to teens and grown-ups. Two additional categories offer resources specifically about [children with autism spectrum disorder](#) and [children with disabilities](#). Take a look at all that's available online at <https://raisingchildren.net.au/guides/first-1000-days/development/development-first-five-years>

It's Never Too Early To Talk to Your Baby

Please treat yourself to four minutes of delight and insight by watching this video (<https://vimeo.com/360140082>). You'll see and hear how four generations of a New Zealand family, including 2-year-old Te Amio-whenua, are benefitting from [Talking Matters](#), a program that supports early language development.

New Evidence About Letting Babies Sleep in a Car Seat, Swing, or Bouncer

A 10-year study of 11,779 infant sleep-related deaths showed that 348 (3%) babies died in sitting devices, in most cases while in car seats. More than 90% of the time, the car seats were not being used as directed. The research, published in the May 2019 issue of *Pediatrics*, highlights safe practices for sleeping and for the use of sitting devices. Read more at <https://www.aappublications.org/news/2019/05/20/sittingdevices052019>

Baby Talk is a free, one-way listserv that is distributed monthly. Each issue features high quality, readily available, and free resources. To join the listserv, send an email **with no message** to subscribe-babytalk@listserv.unc.edu

Highlighting indicates resources that are available in English, Spanish, and/or other languages. To suggest resources, please contact Camille Catlett at camille.catlett@unc.edu